

## SELF TAPPING ADJUSTABLE JACKSCREW BUMPER #AB-1000

### INSTRUCTIONS

1. Find the center halfway posteriorly from one hinge to the other and apply glue to spot
2. Cut small piece of plastic (the same material as used on A.F.O.)
3. Heat large and small plastic pieces
4. When plastic is up to temperature, place on glue spot with 2/3rds on proximal side
5. When plastic is cool, remove A.F.O. from cast and cut in two
6. Use a small drill as a pilot then a 9/32" to drill in posting on AFO
7. Drill the hole 3/4" deep
8. With a 1/8" Allen wrench into the jackscrew tap into plastic
9. Push molded bumper into the adjuster by hand as far as you can, then use brace to press fit by closing brace on bumper
10. To adjust, remove urethane bumper and use 1/8" Allen wrench